

Withdrawal times for Intradermal Allergy Testing (IDAT)

These drugs must be stopped prior to testing in order to obtain the most accurate test for your pet:

- 1 - Oral Steroids (e.g. prednisone, medrol, triamcinolone, dexamethasone) for 3-4 weeks.
- 2 – Injectable steroids (Depomedrol®, Vetalog®) – 6 weeks, Dexamethasone – 4 weeks
- 3 -Topical ear medications containing corticosteroids: Mometamax® - 7 days , Otomax®, Tresaderm®, Animax® or generics - 10 days. Synotic® – 3 weeks
- 4 - Antihistamines (e.g. benadryl, clemastine, hydroxyzine, amitriptyline, doxepin, etc.) - 10-14 days.
- 5 - Genesis® spray (a steroid spray) 3 weeks.
- 6 – Topical eye drops containing dexamethasone or prednisolone acetate – 10 days
- 7 – Acepromazine (a sedative) – 3 days.
- 8 – Hydrocortisone containing shampoos, sprays, crème rinses, ear drops, eye drops – 7 days.
- 9 - Pramoxine containing conditioners, crème rinses, or spray (Relief®, Dermalsoothe®) – 3 days

The above is not a complete list, if there is any question about what medications are allowed for testing, please call us.

Hints to alleviate itching prior to the allergy test:

- 1 – Place a t-shirt on your dog to prevent self trauma
- 2 – Oatmeal soaks or cool water soaks daily
- 3 – Elizabethan collars (lampshade collars) to break the itch/scratch cycle.

Owners should withhold food the morning of the allergy testing appt. or any other anesthetic procedure (ear flush or skin biopsy). We may still be able to perform the test even if they have eaten that morning we would just do it later in the day.

Immunotherapy is made in our lab on the same day as the skin test so there is no delay in starting treatment.